



Starting a fundraiser is easy to do, and it's fun! We will give you all the tools you'll need to make a difference. With your help we can provide training for 3,000 providers and clinicians serving under-resourced families in Los Angeles County, develop programming for Black birth workers, increase our referral pathways and expand our storytelling initiative. We would love for you to be a part of it!

The commitment is small, but the impact is powerful.

It starts with YOU!

Interested in hosting or co-hosting an Empanada Party?

- [Schedule an initial consultation meeting with MMH-NOW team](#)
 - We're here to help make the party happen!
- Establish your fundraising goal and set-up your personal online page
- Select a date and location for your in-person event, go virtual or plan a hybrid of both
- Invite 8-10 people in your network (Recommended, but feel free to invite more or less based on your goal)
- Send invitation/outreach/follow-up
- Have fun with it!

Maternal Mental Health NOW can...

- Provide suggestions for caterers/vendors and help coordinate event logistics
- Develop marketing and promotions for sharing the event
- Support with RSVP's and invitations as needed
- Connect with storytellers and/or help shape other activities for the event
- Distribute materials, resources and information to share with guests
- Ensure you have fun!

[Email us to schedule a virtual consultation](#) with our team!

Unable to host an Empanada Party? Make a gift to the cause or create your own fundraising page by [clicking here](#). Invite your friends to join you or match your gift.