



A Project of Community Partners

Dear Friend,

On Friday, May 19, 2023, Maternal Mental Health NOW is looking forward to convening for our annual *Speak Up When You're Down Gala* at the Westdrift Hotel in Manhattan Beach, CA. The goal of our Speak Up When You're Down Gala is to honor and celebrate individuals who have survived perinatal depression, anxiety, grief, loss and other hardship, and the friends, family, providers and community leaders who have supported and advocated for them. This year's theme, **Cultivating Community Voices**, celebrates the varied and powerful voices that are advancing Black birth equity, justice, and living at the county and state level. The event features a cocktail reception, seated dinner, silent auction and entertainment. We anticipate 200 guests from across Los Angeles County and beyond to be in attendance. Proceeds from the gala will be used to support

Maternal Mental Health NOW's training, public awareness, and advocacy activities, which include the Black Birth Workers Community.



Would you please consider supporting Maternal Mental Health NOW by making a donation to the silent auction?

Maternal Mental Health NOW is a project of Community Partners, our 501(c)3 fiscal sponsor. Therefore, your contribution is 100% tax deductible. Our Federal Tax ID number is 95-4302067. We invite you to partner with us to make a lasting impact and increase awareness for your business or organization. We are happy to advertise your support on our various social media channels and in our newsletters. We also invite you to send in collateral materials to be placed next to your auction item for our guests to access. You can submit your support through our Auction Donation Form [here](#). Please note we are asking for all

donations to be finalized and received in Los Angeles by May 1, 2023

If you have any questions about the *Speak Up When You're Down Gala*, please don't hesitate to contact me on (323) 523-3375 or erin@maternalmentalhealthnow.org. I hope to see you on May 19th!

Sincerely yours,

Erin Sricharoon
Events and Communications Coordinator

The mission of Maternal Mental Health NOW is to remove the barriers to prevention, screening and treatment of prenatal and postpartum depression in Los Angeles County. Of the approximately 150,000 live births occurring in LA County each year, over 22,000 birthing people experience clinical perinatal depression, with rates dramatically increasing as a result of the covid pandemic. Left untreated, perinatal depression is linked to detrimental outcomes in the development of the fetus, newborn and developing child. Through training, advocacy and systems improvement activities, we work to raise awareness of and reduce the stigma around postpartum depression and other mood disorders so that those who are suffering are encouraged to find help.